



## ***Boxed Lunch Catering Sample Menu***

### ***Grilled Chicken Power Bowl***

Grilled chicken breast served over mixed greens, quinoa, cherry tomatoes, cucumber, and avocado with a side of lemon vinaigrette.

### ***Mediterranean Veggie Wrap***

Whole grain wrap filled with hummus, roasted red peppers, cucumber, spinach, and Kalamata olives, served with a side of fresh fruit.

### ***Turkey & Avocado Sandwich***

Roasted turkey, smashed avocado, and mixed greens on whole-grain bread, paired with a side of crunchy vegetable sticks and hummus.

### ***Asian Shrimp Salad***

Marinated shrimp atop a bed of crisp napa cabbage, shredded carrots, and edamame, with sesame-ginger dressing on the side.

### ***Plant-Based Protein Bowl***

Roasted chickpeas, kale, roasted sweet potatoes, and cherry tomatoes, topped with tahini dressing and a sprinkle of sunflower seeds.